

18. Bitter Sugar

Diabetes



Scan to learn
the process!



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Cut through the black line

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Diabetes is when the body doesn't produce enough insulin, which causes too much sugar to build up in the blood.

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High blood sugar means that Jana has diabetes.



Jana the gazelle hasn't been feeling very well lately.

She has to pee a lot, she is always tired, and despite eating a lot, she is getting thinner and thinner.



Croco Doc examines Jana's eyes and tongue. He notices that she is very dehydrated.



Croco Doc thinks he knows what is wrong with her.

He takes a drop of Jana's blood to do a blood test. Her blood sugar level is very high!

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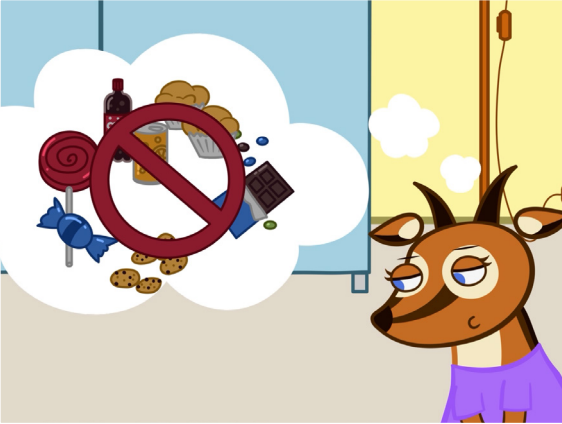
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Jana is going to have to follow a very strict diet. She will have to avoid eating sweets and foods with a lot of sugar.

She can eat vegetables, legumes, meat, fish, dairy products, and a little bit of bread and pasta. Also, from now on, she is going to have to check her blood sugar level.

Luckily, being diabetic won't stop Jana from doing what she loves most...playing sports!

Jana and her mom are checking her blood sugar before every meal, and thanks to the new diet, it's perfect!

To celebrate, Crat has a great idea to... bake a cake?
Jana has diabetes so she can't eat it, but Crat isn't too worried about that. He gobbles it up all by himself!

Her new insulin pump makes it much easier to control her blood sugar level.

